



HIMSS™



2020 HIMSS

Cybersecurity Survey

2020 HIMSS Cybersecurity Survey

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Overview

The **2020 HIMSS Cybersecurity Survey** provides insight into the cybersecurity landscape of US healthcare organizations based upon the feedback from **168** US based healthcare cybersecurity professionals. Healthcare organizations face a barrage of significant security incidents such as phishing, ransomware, and social engineering attacks, in addition to the challenges faced by dealing with the COVID-19 pandemic. Based upon the data provided by respondents, the primary findings are provided below.

Significant security incidents:

- **🌟 Most organizations are experiencing significant security incidents.** Significant security incidents are the norm.
- **📧 Phishing is the most common type of significant security incident.** Phishing is the number one type of significant security incident; most phishing is either general phishing or spear-phishing occurring via e-mail.
- **👤 Top threat actors include online scam artists and cybercriminals.** Online scam artists (e.g., phishers) and cybercriminals are targeting many healthcare organizations.
- **💰 Financial information is king.** Threat actors typically seek the following: (i) financial information, (ii) employee information, and (iii) patient information.
- **📧 Initial hook is by phishing.** Phishing e-mail is the typical initial point of compromise.
- **🛡️ Workforce members are the first line of defense.** Internal security teams and internal personnel, including non-IT professionals, typically report significant security incidents to the organization.
- **💥 Disruption is the Primary Impact.** Disruption of information technology (“IT”) operations and business operations are typical outcomes of cyber-attacks. Disruption of clinical care or damage or destruction of clinical care systems and devices also occurs.

Cybersecurity budgets:

- **📊 Budgets are still tight.** Six-percent or less of the information technology budget is typically allocated for cybersecurity.
- **📊 Budgets are mainly static.** Cybersecurity budgets generally did not change from the prior year.

Security risk assessments:

- **● More comprehensive security risk assessments.** More end-to-end security risk assessments are being done. However, there is room for improvement.
- **↑ Proactive measures after risk assessments.** New or improved security measures are being implemented and drafting, revising, and/or testing policies, procedures, and documentation are being done as a result of security risk assessments.

Security tools:

- **🔒 Some basic controls are in place.** Most, but not all, organizations have firewalls and anti-virus software in place.
- **📈 Some progress is being made for basic and advanced controls:**
 - Logging to monitor systems
 - Patch and vulnerability management tools
 - Multi-factor authentication

Legacy systems: ▲

- **Legacy systems are the norm.** Legacy systems are pervasive in healthcare.
- **Legacy systems footprint grows.** The footprint of legacy systems is significantly growing.
- **The usual suspects.** Top legacy systems include Windows Server 2008, Windows 7, and Windows XP.

Methodology and Demographics

The **2020 HIMSS Cybersecurity Survey** reflects the responses of **168** healthcare cybersecurity professionals. These professionals had at least some responsibility for day-to-day cybersecurity operations or oversight. Individuals who did not meet this criteria were not qualified to take this survey.

The majority of respondents (N=110, 65%) had primary responsibility over healthcare cybersecurity programs at their respective organizations. Others had at least some responsibility (N=43, 26%) or sometimes as needed (N=15, 9%).

Organization Profile:

As shown below in **Table 1**, most respondents either worked for healthcare provider organizations (N=92, 55%) or vendor/consulting organizations (N=43, 25%). The remainder of respondents worked for other types of organizations (N=33, 20%).

Table 1: Organization Type

Organization Type	N	%
Provider Organization	92	55%
Vendor/Consultant	43	25%
Other	33	20%

Professional Profile:

As shown in **Table 2**, the majority of respondents (83%) reported having a management role in healthcare cybersecurity. Slightly more respondents had roles in executive management (43%, N=72) than non-executive management (40%, N=67). The remainder of respondents had non-management roles (N=29, 17%).

Table 2: Roles

Roles	N	%
Management	139	83%
Executive Management	72	43%
Non-Executive Management	67	40%
Non-Management	29	17%

Findings

Significant Security Incidents are the Norm

Significant security incidents continue to plague healthcare organizations of all types and sizes. Often, securing information and infrastructure is quite complex. Preserving the confidentiality, integrity, and availability of information are equally important.¹ This is, however, a difficult balancing act.

In this survey, seventy percent of respondents (N=118) indicated that their organizations experienced significant security incidents in the past twelve months.

Top significant security incidents include the following:

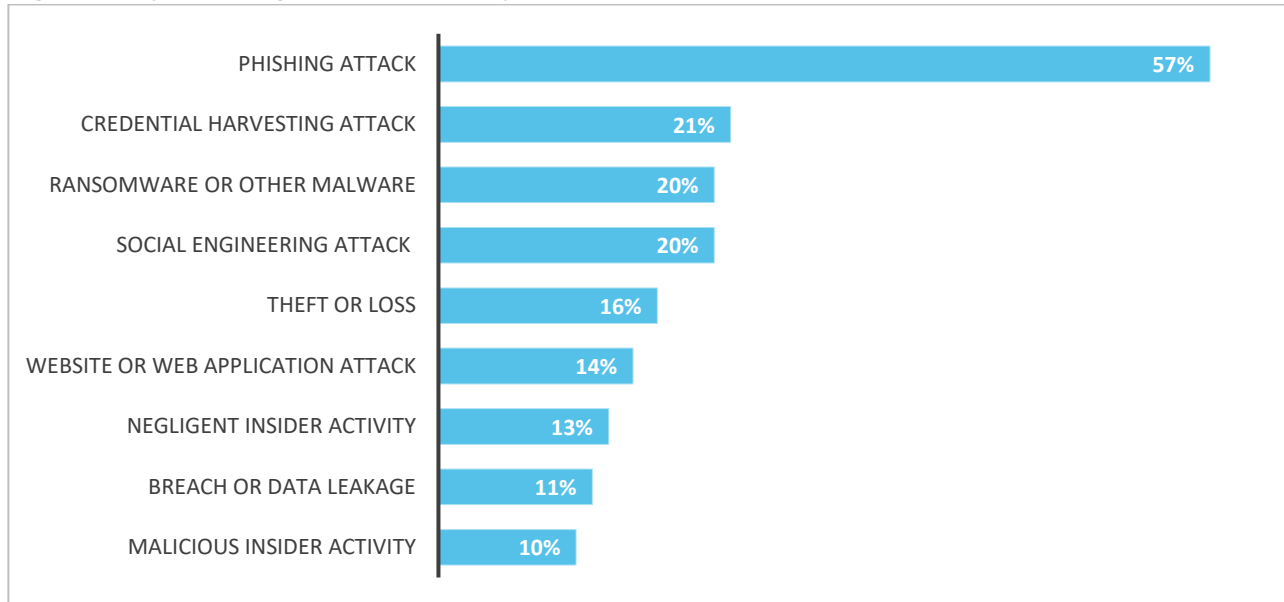
- Phishing attacks (N=95, 57% of respondents)
- Credential harvesting attacks (N=36, 21% of respondents)
- Social engineering attacks other than phishing (N=34, 20% of respondents)
- Ransomware or other malware (N=34, 20% of respondents)
- Theft or loss (N=27, 16% of respondents)
- Website or web application attacks (N=24, 14% of respondents)
- Negligent insider activity (N=21, 13% of respondents)
- Breach or data leakage (N=19, 11% of respondents)
- Malicious insider activity (N=17, 10% of respondents)

Figure 1 below shows the types of significant security incidents in the past twelve months. By far, phishing attacks are the most common (N=95, 57% of respondents). This is followed by credential harvesting attacks (N=36, 21%), ransomware or other malware (N=34, 20%), and social engineering attacks (N=34, 20%).

Naturally, these numbers are based upon what respondents are aware of. The actual numbers could be much higher. By the same token, malicious insider activity (N=17, 10% of respondents) and negligent insider activity (N=21, 13% of respondents) may be higher than actually reported.

¹ Cybersecurity involves the protecting of electronic information and infrastructure from unauthorized access, use, and disclosure. The three main objectives of cybersecurity are preserving the confidentiality, integrity, and availability of information.

Figure 1: Type of Significant Security Incident Experienced in the Past Twelve Months



Impact

Disruption is the top impact of significant security incidents; monetary loss is second.

Disruption is the most typical impact of significant security incident as shown below in **Figure 2**. Twenty-eight percent (N=33) of respondents reported disruption of information technology operations. Twenty-seven percent (N=32) of respondents reported disruption of business operations. Twenty-one percent (N=25) of respondents reported that a breach or data leakage occurred. Twenty percent (N=24) of respondents reported a monetary loss, such as business e-mail compromise, wire fraud, or extortion.

Significantly, some respondents reported impacts to clinical care as also shown below in **Figure 2**. Fifteen percent (N=18) of respondents reported disruption of systems/devices. Three percent (N=3) of respondents reported damaged systems/devices. Delays in care can endanger patient safety. The consequences can be severe, even resulting in patient death.

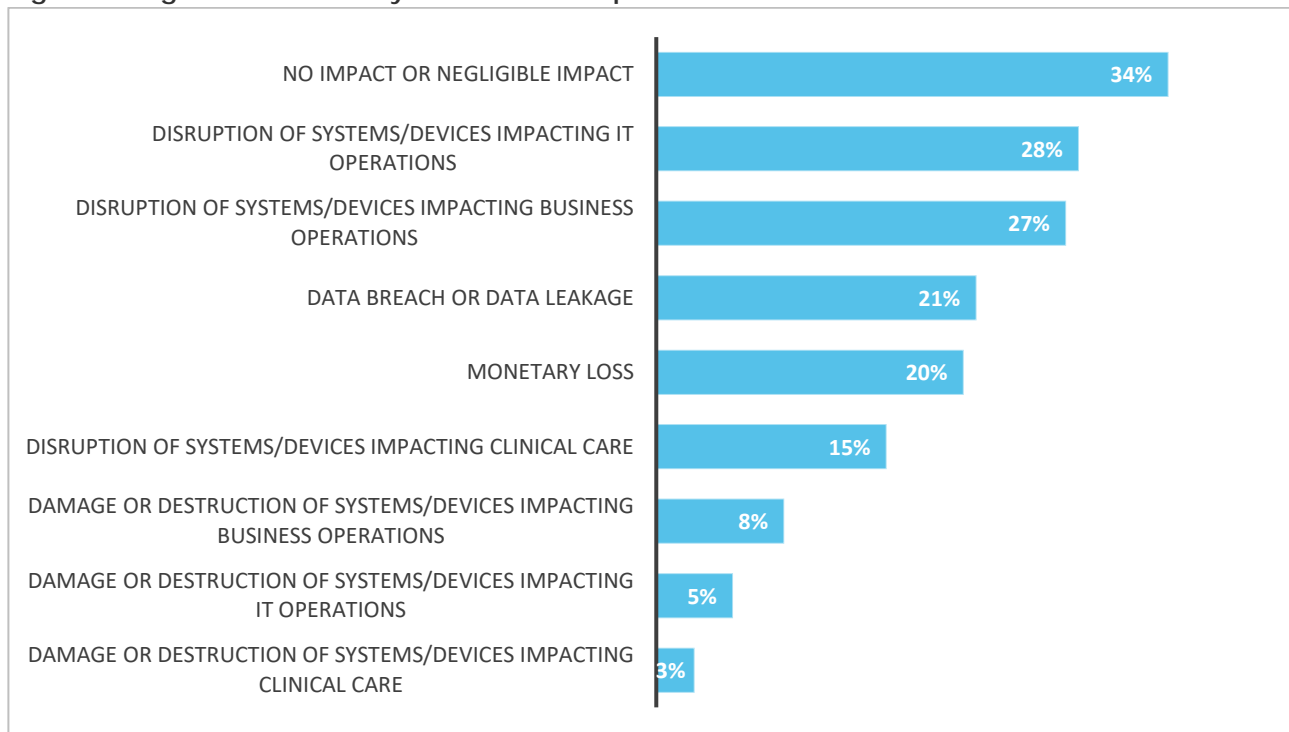
Patient safety in the cross-hairs.

Patient safety impacts are likely underreported. There is a lack of available mechanisms for identifying and detecting patient safety impacts. The respondents reporting patient safety impacts were asked if effective mechanisms were in place to detect patient safety issues related to significant security incidents. Sixty-one percent (N=11) of these respondents indicated that their organizations did not have effective mechanisms in

place. Thirty-nine percent (N=7) of respondents indicated that their organizations did have effective mechanisms in place. Because of the clear nexus between patient safety and cybersecurity, it is clear that more organizations need to have effective mechanisms for detecting patient safety issues. Healthcare cybersecurity professionals should be collaborating with patient safety professionals within their organizations and vice versa. Frequently, these groups do not communicate and, thus, a significant gap in patient care is exposed.

Additionally, business continuity and disaster recovery plans are non-existent or very weak at many healthcare organizations. Frequently, these plans are not tested until an actual incident occurs. In the case of a significant security incident, chaos can ensue and enormous costs can mount. Without a doubt, healthcare organizations should be proactive with developing, implementing, testing, and training. These actions are necessary for robust business continuity and disaster recovery plans. The plans should also continue to evolve based upon lessons learned.

Figure 2: Significant Security Incidents – Impact of Incident



As shown in **Figure 3** below, respondents reporting a patient safety impact indicated a disruption of non-emergency clinical care (N=11, 61%), twenty-eight percent of respondents reported disruption of emergency services, and other respondents reported cancellation of elective surgeries (N=3, 17%), diversion of patients in other facilities (N=3, 17%), and serious patient harm (N=3, 17%). Further, as shown in **Figure 4** below, most of these respondents (N=11, 61%) do not feel that their organizations have effective mechanisms in place to detect patient safety issues related to significant security incidents.

Figure 3: Significant Security Incidents – Types of Patient Safety Issues

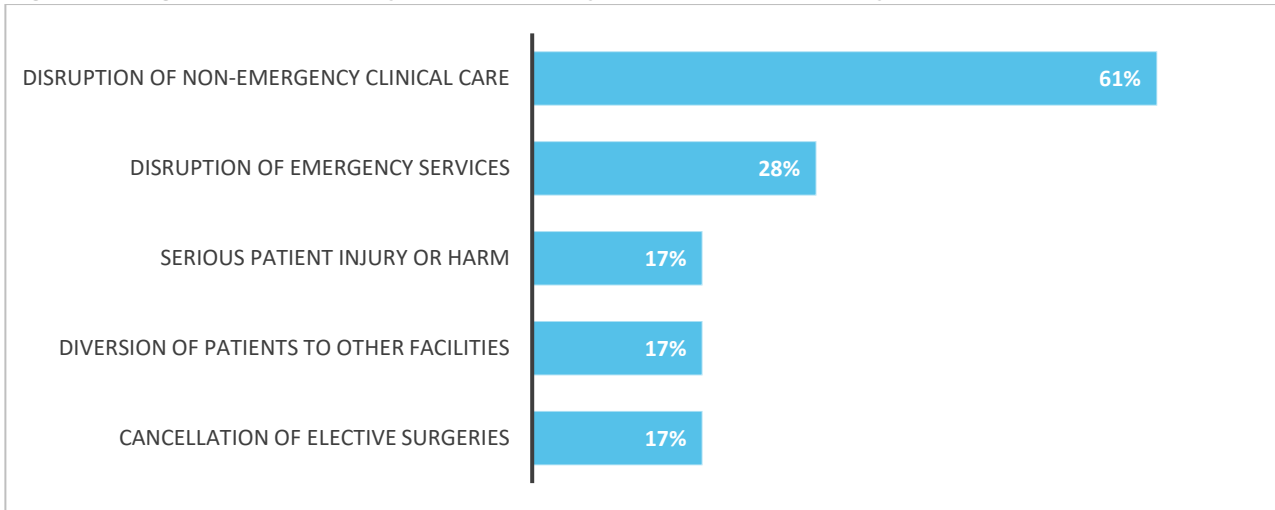
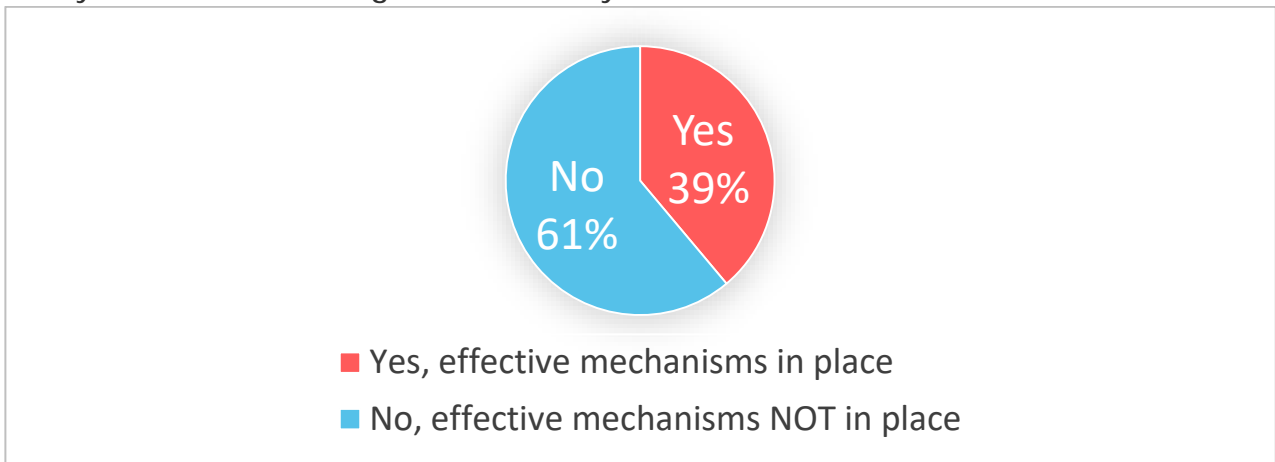


Figure 4: Whether the Organization has an Effective Mechanism in Place to Detect Patient Safety Issues Related to Significant Security Incidents



Medical devices, industrial control systems, and computer systems.

Based upon the findings from this survey, significant security incidents affecting both systems and devices can impact patient safety. There is usually a direct impact on a patient’s health or well-being when medical devices are compromised. These devices are often life sustaining or life saving. When computer systems and industrial control systems are affected, the impact on the patient’s health or well-being is more indirect. In spite of this difference, the risk to patient safety is of equal concern. The delay of patient care, the inability to access patient information, or the failure of industrial control system devices can jeopardize patient safety. ²

² (ISC)² Blog. A Lifeline: Patient Safety and Cybersecurity. Available from: https://blog.isc2.org/isc2_blog/2019/12/a-lifeline-patient-safety-and-cybersecurity.html.

In light of this, the healthcare industry must develop solutions for identifying and detecting significant security incidents to better protect patients. Medical devices should be conceived, designed, engineered, tested, and implemented with cybersecurity in mind. Additionally, in the case of regulated medical devices,³ FDA guidelines for medical device cybersecurity design, labeling, and documentation should be adhered to in premarket situations.⁴ After the regulated medical devices have been marketed and distributed, medical device manufacturers should also adhere to FDA guidelines. Proactively addressing cybersecurity risks in medical devices does reduce the overall risk to a patient's health and well-being.

Many industrial control system devices are now "smart" devices, such as smart elevators and HVAC systems. These networked devices present new security risks. Patient safety and cybersecurity are often afterthoughts. The facilities teams at healthcare organizations often do not collaborate with healthcare cybersecurity and patient safety professionals. The nexus between industrial control systems and the impact on patient safety is often neglected. As an example, closing a port which is required to be open for normal functioning of an operating room HVAC may put surgical patients' lives in jeopardy. In another example, a smart elevator that suddenly fails can jeopardize a patient's life.

Patient safety may also be in jeopardy when computer systems are impacted by distributed denial of service attacks, ransomware, and other disruptive or destructive malware. A delay in patient care may result in a patient's death or serious injury or harm in critical situations. Delayed lab results, inoperable medical imaging modalities, and inaccessible information can significantly disrupt or otherwise impact clinical care.

Healthcare organizations should ensure that multi-disciplinary teams are in place to protect patient safety. Cybersecurity at many organizations has been hampered due to too many silos. Healthcare information dynamically flows throughout organizations with many stakeholder touchpoints. Cybersecurity should be no exception. All hands should be on deck.

Means, Motive, and Opportunity

Means

Phishing Attacks are still the #1 Type of Significant Security Incident.

Phishing is highly effective because the recipients of the phishing messages are usually unaware of being scammed or deceived. Unwittingly, recipients of phishing messages

³The product must meet the definition of Section 201(h) of the Food, Drug, and Cosmetic Act. FDA. How to Determine if Your Product is a Medical Device. Available from: <https://www.fda.gov/medical-devices/classify-your-medical-device/how-determine-if-your-product-medical-device>.

⁴ FDA. Content of Premarket Submissions for Management of Cybersecurity in Medical Devices. Available from: <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/content-premarket-submissions-management-cybersecurity-medical-devices>.

may open a malicious attachment, click on a malicious link, or respond to an e-mail that has elicited sensitive information.

As shown above in **Figure 1**, phishing attacks are the top type of significant security incident reported by respondents. Phishing was also the top type of significant security incident according to results from the 2018 HIMSS Cybersecurity Survey. Similarly, respondents to this survey reported that phishers were the top type of threat actor responsible for significant security incidents at healthcare organizations.

Ransomware and Other Malware Remain Significant Challenges.

Ransomware and other types of malware remain significant challenges for healthcare organizations. New extortion tactics are being used. If the victim resists paying the ransom, the ransomware operators may leak the stolen data in order to create more duress. The victim may feel pressured to pay the ransom. However, paying the ransom is not necessarily a guarantee that the data will be safely returned. Further, even if the victim pays the ransom once, the stolen data may be sold to another ransomware operator. The next ransomware operator may demand a payment again from the victim. In essence, there is no honor among thieves.

The adverse impact of ransomware is not simply the inability to access data and systems. Perhaps the most significant impact to healthcare organizations concerns patient care and, specifically, patient safety. A ransomware infection may result in a delay in patient care, a patient being turned away from a hospital, or a cancellation of a surgery. This event may endanger a patient's life, depending upon the circumstances.

To date, millions of dollars have been spent by victim organizations in regard to responding to ransomware attacks, investigating the attacks, rebuilding networks and systems, restoring data from backups, and taking proactive measures to prevent future ransomware attacks.

Other types of malware also continue to plague healthcare organizations, including credentials stealers such as the Dridex banking trojan and others. Because many credentials are often reused (or substantially similar credentials are reused) including across personal and business accounts, leaked or stolen credentials often provide a treasure trove for attackers to compromise various systems and networks.

Healthcare organizations should adopt and implement next generation security controls, such as robust endpoint detection and response platforms, secure web gateways, data loss prevention tools, vulnerability and patch management tools, and e-mail security gateways.

Techniques used by threat actors are increasingly complex, but oftentimes more subtle. A reduction in attack surface will make it more difficult for threat actors to infiltrate organizations. Regular security awareness training of personnel is equally important too, as ransomware and other malware are often distributed by phishing campaigns. Last, but not least, reducing legacy footprint, keeping clean machines, and regularly backing up data will also help to prevent or mitigate such incidents.

Top Threat Actors: Phishers, Cybercriminals, Negligent Insiders, Social Engineers, and Malicious Insiders

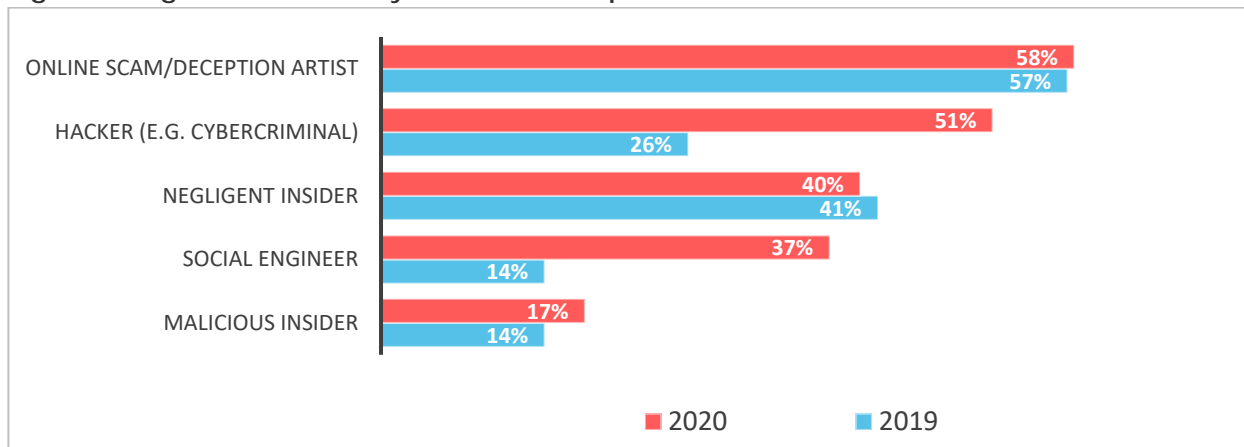
The COVID-19 pandemic⁵ has been a significant catalyst for social engineering and cybercrime. COVID-19 themed phishing attacks have been prevalent. Social engineers and cybercriminals reaped the windfall of opportunity. They fully realize that many personnel are now working at home due to the pandemic. Healthcare cybersecurity professionals often lack visibility into remote endpoints. This is especially true with home computers and personal devices.

As shown below in **Table 3**, phishers (N=68, 58% of respondents), cybercriminals (N=60, 51% of respondents), social engineers (N=44, 37% of respondents), negligent insiders (N=47, 40% of respondents) and malicious insiders (N=20, 17% of respondents) are the top threat actors. More cybercriminals (25%) and social engineers (24%) are responsible for significant security incidents this year in 2020 compared to the previous year in 2019 as shown below in **Figure 5**.

Table 3: Significant Security Incidents – Top 5 Threat Actors

Threat Actor	2019	2020	Change
Online scam/deception artist (phisher)	57%	58%	1%
Hacker (e.g. cybercriminal)	26%	51%	25%
Negligent insider	41%	40%	-1%
Social engineer	14%	37%	24%
Malicious insider	14%	17%	3%

Figure 5: Significant Security Incidents – Top 5 Threat Actors



⁵ The COVID-19 pandemic was declared an international public health emergency by the World Health Organization on January 31, 2020. World Health Organization. Timeline: WHO's COVID-19 response. Available from: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/interactive-timeline/>.

All Hands on Deck: Workforce Members are the Eyes and Ears.

Healthcare organizations primarily rely on internal resources for discovering significant security incidents. These resources included the internal security team (N=88, 75% of respondents), other internal personnel (N=67, 57% of respondents), retained vendor, consultant, or researcher (N=25, 21% of respondents), client or customer (N=13, 11% of respondents), unsolicited vendor, consultant, or researcher (N=8, 7% of respondents), law enforcement (N=6, 5%), and patient (N=6, 5% of respondents) as shown in **Figure 6** below. This reliance on internal resources has steadily grown since 2018, as reflected in the 2019 HIMSS Cybersecurity Survey and the 2018 HIMSS Cybersecurity Survey. Both the internal security team and internal personnel are the first line of defense for many healthcare organizations.

The key to mitigating the impact of significant security incidents is blocking and tackling such incidents as effectively and timely as possible. A speedy response can mitigate damage, destruction, and other harm.

Figure 6: Significant Security Incidents: How Organizations Learned about Security Incidents

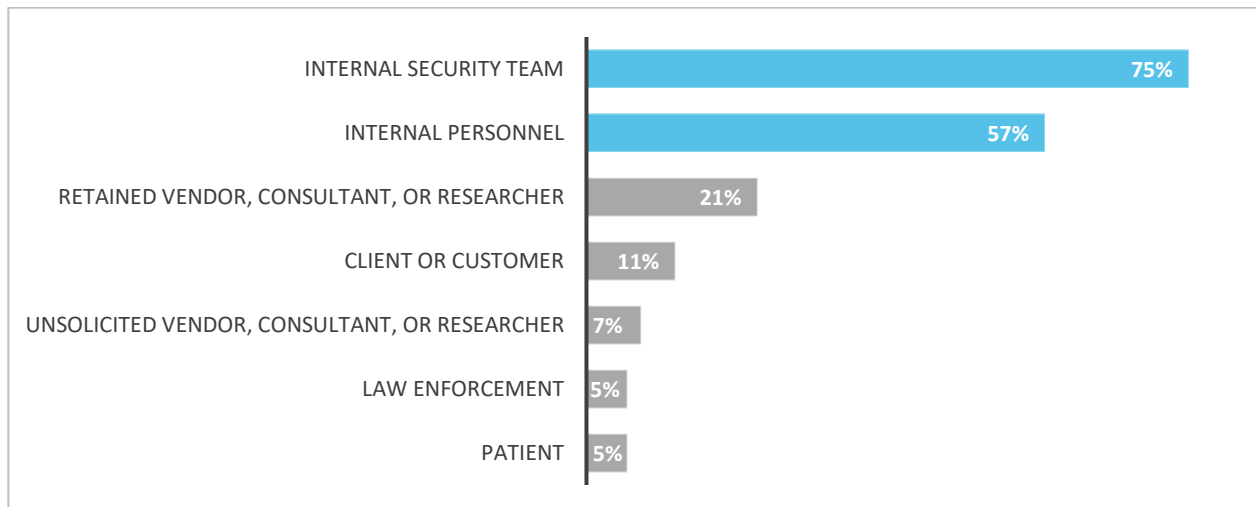


Table 4: Significant Security Incidents: Source - Discovery of Incidents - 2018, 2019, and 2020

Source – Discovery of Incidents	2018	2019	2020	2019-2020 Change
Internal security team	40.7%	46%	75%	29%
Internal personnel (other than security team)	27.5%	37%	57%	20%
Retained vendor, consultant or researcher	5.3%	10%	21%	11%
Client or Customer	-	-	11%	-
Unsolicited vendor, consultant or researcher	3.7%	3%	5%	2%
Law enforcement	-	2%	5%	3%
Patient	2.7%	5%	5%	None

Phishing and Human Error: Typical Initial Points of Compromise

The primary means for compromising systems and networks is phishing. Phishing is a highly effective. The recipients of phishing messages are typically on the “inside” of the organization with trusted access. Attackers do not need to infiltrate the network perimeter. Online scam artists can easily and quickly target unsuspecting individuals.

General phishing can be as effective as spear-phishing. COVID-19 themed e-mails have been especially successful.⁶ Spear-phishing is also highly effective. Unlike general phishing, spear-phishing is a targeted attack. Many individuals and organizations have significant digital footprints—both personally and professionally. Using this information, convincing messages can be crafted to deceive the recipients.⁷

Additionally, phishing is generally used by attackers as a first step in comprising systems and networks. E-mail phishing remains the most typical initial point of compromise according to a majority of the respondents (89%). This is consistent with the 2018 HIMSS Cybersecurity Survey and the 2019 HIMSS Cybersecurity Survey.

Spear-phishing (N=82, 86% of respondents), general email phishing (N=80, 84% of respondents), and whaling (N=50, 53% of respondents) are quite common as shown below in **Figure 7**. However, business e-mail compromise (N=36, 38% of respondents), voice phishing/vishing (32% of respondents), social media phishing (N=29, 31% of respondents), SMS phishing (N=25, 26% of respondents), and phishing websites (N=22, 23% of respondents) are also prevalent.

Spear-phishing (N=82, 86%) is somewhat more effective than general e-mail phishing (N=80, 84%) due to the tailored content for the intended victim. Often, spear-phishing messages use information gleaned from websites, social media profiles, and other sources. There is little time and cost to generate spear-phishing messages. Artificial intelligence platforms have been developed to automate spear-phishing campaigns. Artificial intelligence can be leveraged to determine work relationships and events and activities. Spear-phishing messages may be crafted using artificial intelligence platforms.⁸

But, general e-mail phishing can be quite effective too. Highly effective general phishing messages often trigger strong feelings or motivations to act. For example, a general phishing e-mail may contain information about a salary raise or bonus, corporate policies, and/or vacation time. In another example, a general phishing e-mail may contain information about a COVID-19 therapeutic or vaccine. These are just some ways in which general phishing emails may capture the attention of intended recipients.

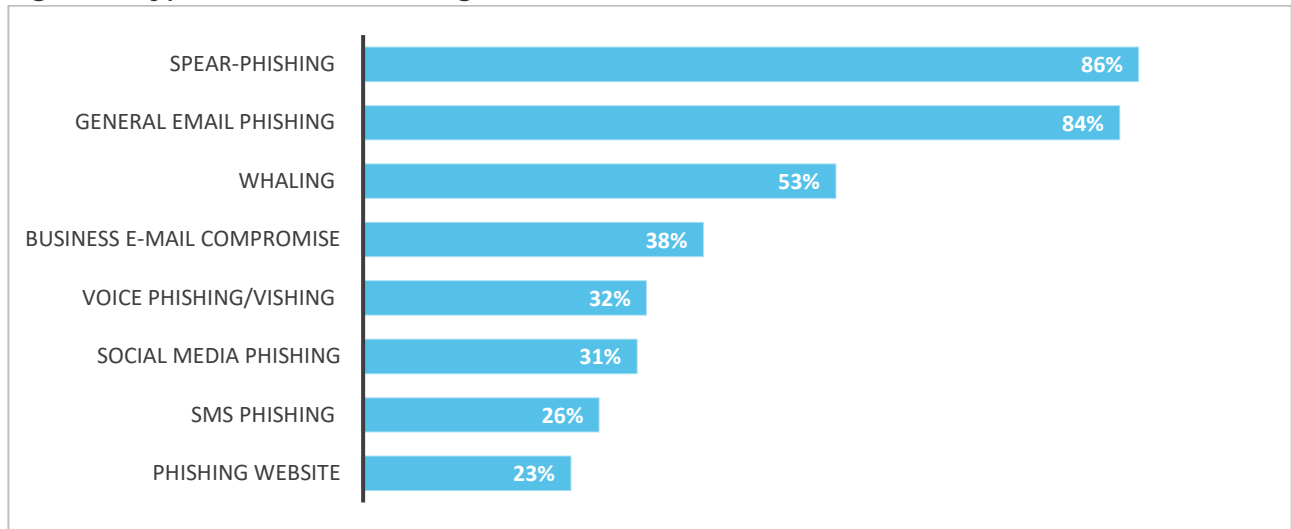
⁶ Security Magazine. How Hackers are Using COVID-19 to Find New Phishing Victims. Available from: <https://www.securitymagazine.com/articles/92666-how-hackers-are-using-covid-19-to-find-new-phishing-victims>.

⁷ Public-Private Analytic Exchange Program. Phishing: Don't be Phooled! Available from: <https://www.hsdl.org/?view&did=820189>.

⁸ Onelogin. Watch Out for AI-Powered Spear Phishing. Available from: <https://www.onelogin.com/resource-center/infographics/cybersecurity-ai-spear-phishing>.

Whaling is also highly effective since the phishers pretend to be trusted executives. For example, an e-mail from a chief financial officer, chief operating officer, and/or chief executive officer will likely garner a greater degree of attention than an email from someone at a lower level within an organization. Similarly, there may be a stronger motivation to respond to such e-mails.

Figure 7: Types of E-mail Phishing



Human error is the second most typical initial point of compromise (N=41, 35% of respondents) as shown in **Table 5** below. Human error is often the root cause of many significant security incidents. As an example, a person may insert an infected universal serial bus (“USB”) drive into a computer. This action may infect that computer and other computers on the network, especially if it is wormable malware. In another example, a person may accidentally leak sensitive patient, financial, or other proprietary information to the web or a file sharing service. The sensitive information may then be publicly discoverable. This is one of the dangers of shadow IT.⁹ In yet another example, a device or equipment may be repaired by a third party. The device or equipment may have personally identifiable information, protected health information, intellectual property, or sensitive information residing in memory or storage. This may result in a leak or a breach of sensitive information.¹⁰ Other initial points of compromise include telephone systems (N=21, 18% of respondents)¹¹, websites (N=17, 14% of respondents), mobile device (N=16, 14% of respondents), and vendors or consultants (N=17, 14% of respondents).

⁹ Shadow IT is the use of unauthorized software, services, devices, or otherwise by a workforce member.

¹⁰ US Department of Health and Human Services. HHS Settles with Health Plan in Photocopier Breach Case. Available from: <https://www.hhs.gov/hipaa/for-professionals/compliance-enforcement/examples/health-plan-photocopier-breach-case/index.html>.

¹¹ Vishing occurs similarly to phishing, except that it is via telephone and may involve a “live” conversation with the scam artist. Phishing and Vishing: Latest Ways to Hook Unsuspecting Users. Available from: <https://www.isc2.org/Member-Resources/InfoSecurity-Professional-Magazine/-/media/271EAACAFAC8465C992BEB809ABFE607.ashx>.

Voice phishing, also known as vishing, can be especially effective if it catches the intended victim off-guard and is believable.¹² For example, social engineers may target surgical staff working in an operating room by telephone. Social engineers may demand credentials from the person answering the telephone, masquerading as someone from IT support within the organization. Because the person answering the telephone may be distracted or rushed, he or she might not carefully scrutinize the request. Thus, credentials can be stolen with a successful vishing attack.

Phishing websites or infected websites may serve as an initial point of compromise. Legitimate websites may be easily compromised, especially if the website security is lacking. Compromise of the website may not be discovered until much later. SQL injection, PHP vulnerabilities, cross-site scripting, and remote code execution are typically the top vulnerabilities for Internet facing applications.¹³

A vendor's or a consultant's stolen credentials may also serve as an initial point of compromise. The vendor's or consultant's access to systems and/or networks is typically "trusted" by the healthcare organization. As a result, illicit or unauthorized cyber activity may go undetected for quite awhile. Likewise, phishing e-mails from the vendor's and/or consultant's accounts may have a higher likelihood of being opened due to this level of trust.¹⁴

¹² Scam of the Week: Simple, yet effective vishing scams. Williston Herald. Available from: https://www.willistonherald.com/scam-of-the-week-simple-yet-effective-vishing-scams/article_44b25314-f11e-11ea-91f9-57d8ea230afb.html.

¹³ Security Boulevard. SQL Injection, XSS< and RCE Top List of Vulnerabilities in Internet-facing Applications. Available from: <https://securityboulevard.com/2020/08/sql-injection-xss-and-rce-top-list-of-vulnerabilities-in-internet-facing-applications/>.

¹⁴ Security Boulevard. 80% of Hacking Related Breaches Leverage Compromised Credentials. Available from: <https://securityboulevard.com/2020/06/80-of-hacking-related-breaches-leverage-compromised-credentials/>.

Table 5: Significant Security Incidents – Initial Point of Compromise

Initial Point of Compromise	N	%
E-mail (e.g., phishing e-mail)	105	89%
Human error	41	35%
Telephone system	21	18%
Website	17	14%
Vendor or consultant	17	14%
Mobile device	16	14%
Social media	14	12%
Remote access server	12	10%
Third party website	11	9%
Internet of Things device	8	7%
Cloud provider/service	8	7%
“Off the shelf” hardware or software (e.g., malware)	8	7%
Medical device	6	5%
Client or customer	5	4%
Building automation system or other industrial control system	3	3%
Videoconferencing system	2	2%

Motive

Money and Information

Threat actors are often motivated by money and/or access to other valuable information. Sometimes, information is a means to an end (e.g., blackmail or espionage) and, other times, information is the end, depending upon the threat actor’s motivation. As shown in **Figure 8** below, financial information (N=60, 51% of respondents), employee information (N=57, 48% of respondents), and patient information (N=40, 34% of respondents) are primary targets of threat actors.

The Number One Type of Information Targeted is Financial Information, Followed by Employee Information

Financial information is typically the most targeted type of data by threat actors. A broad range of threat actors may benefit from stolen financial information such as nation state actors, non-state actors, cybercriminals, scam artists, and others. Financial information is used by threat actors to compromise bank accounts and divert wire transfers of funds into accounts that are controlled by them.

Employee information is the second most popular type of data targeted by threat actors. Threat actors use employee information for identity theft and other fraudulent purposes. For example, threat actors may steal an employee’s credentials from a payroll processing portal and divert funds into an account that is controlled by the fraudsters, instead of the employee’s account. In another example, employee information may be used to craft

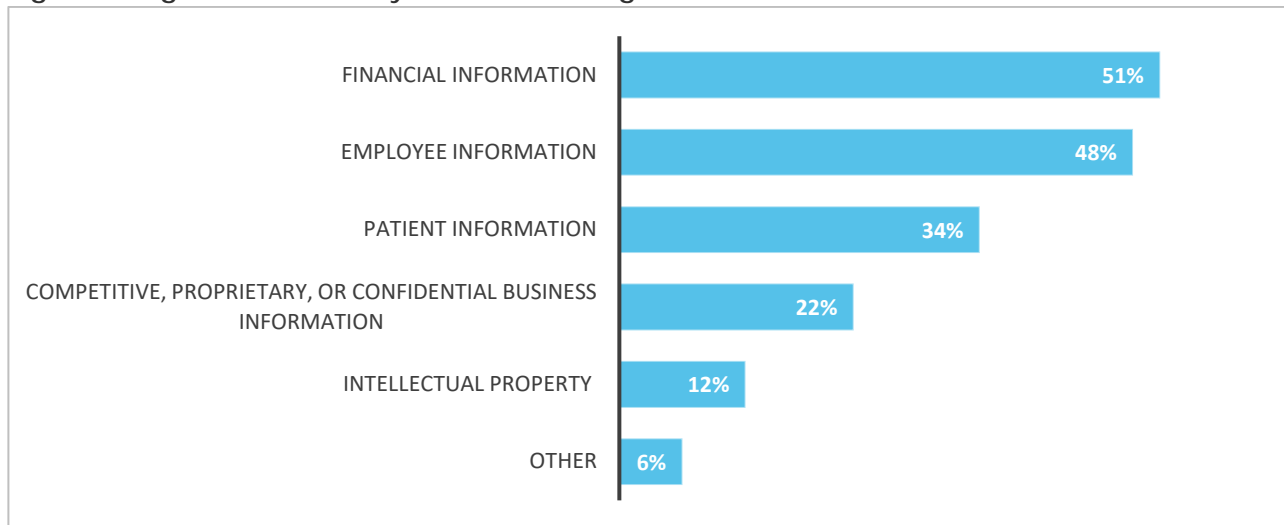
convincing whaling emails to go after a bigger target within the victim’s organization.¹⁵ Such information may also be sold on the dark web to data aggregators who collect information about individuals (i.e., for the purpose of identity theft and fraud). In yet another example, employees may be targeted in an effort to compromise the organization they work for and/or to target the organization’s clients/customers/patients.

Patient information may also be stolen by threat actors to sell on the black market, blackmail purposes, and/or for espionage. As an example, information may be sought on a high profile patient. Or, in another example, cybercriminals may steal patient information and threaten to disclose such information in exchange for a payment of ransom or, alternatively, for blackmail purposes. Healthcare information can be highly personal and sensitive to the patient. If the patient is a high-profile individual, the associated information may be quite valuable.

Intellectual property theft (N=14, 12% of respondents) and theft of confidential, proprietary, or other business information (other than intellectual property) (N=26, 22% of respondents) are also motivations for attackers compromising systems and networks. Intellectual property theft tends to be underreported because there is a lack of awareness of what constitutes intellectual property and/or a lack of mechanisms for tracking the theft of intellectual property assets. In other words, it is difficult to know if an intangible asset is stolen if it is not inventoried to begin with.

For example, threat actors may steal trade secrets related to COVID-19 vaccines or therapeutics. In yet another example, “blueprints” of medical devices and other modalities may be stolen in order to advance innovation by another entity or country.

Figure 8: Significant Security Incidents – Target of Threat Actors



¹⁵ Whaling is a targeted phishing attack that is aimed at wealthy, powerful, or prominent individuals.

Opportunity

Slim Budgets and Other Resources

Many healthcare organizations are resource strapped. This includes personnel, security solutions, budgets, and other resources. As a result, cybersecurity professionals may not necessarily have access to the security solutions and other tools that they need in order to fully secure the environment.

While cybersecurity is quite important and plays an integral role in patient safety, it is often not given enough of a priority within healthcare organizations. Accordingly, healthcare cybersecurity professionals are often severely constrained. The right combination of technical controls, personnel, and policies and procedures are necessary to ensure robust cybersecurity. Much of this requires an adequate cybersecurity budget.

Budgets are still tight with no improvement in sight

Consistent with the 2018 HIMSS Cybersecurity Survey results, six percent or less (N=70, 42% of respondents) of the information technology budget is dedicated to cybersecurity, as reflected in **Table 6** below. This is a relatively small amount and healthcare cybersecurity professionals are often faced with a Hobson's choice. Healthcare cybersecurity professionals often have to pick and choose what will be replaced or upgraded. This often results in a patchwork approach to cybersecurity.

Budgets have largely remained the same since the previous year in 2019. Many respondents (N=84, 51%) reported that their organizations' cybersecurity budget either did not substantially change from last year or actually decreased from last year as reflected in **Table 7** below.

Budgets may be tighter still, especially in light of the COVID-19 pandemic and decreased revenue streams. The COVID-19 pandemic has affected healthcare organizations of all types and sizes. Just like many other businesses, healthcare organizations have realized a decrease in revenue due to decreased patient volume, supply chain disruptions, and otherwise.

Table 6: Percentage of Current IT Budget Allocated to Cybersecurity 2018, 2019, and 2020

Budget Allocation	2018	2019	2020
No money is spent on cybersecurity	3%	1%	1%
1 to 2 percent	21%	9%	18%
3 to 6 percent	21%	25%	24%
7 to 10 percent	7%	11%	10%
More than 10 percent	7%	10%	6%
Money spent on cybersecurity but no specific carve out in IT budget	27%	26%	23%
Do not know	15%	18%	18%

Table 7: Change in Cybersecurity Budget Allocation Compared to Last Year

Change in Cybersecurity Budget	2019	2020	Change
Increased by 25% or more	7%	4%	-3%
Increased by 10% to 24%	11%	5%	-6%
Increased by 5 to 9%	20%	20%	None
Did not substantially change	34%	42%	8%
Decreased by 5 to 9%	1%	2%	1%
Decreased by 10 to 24%	1%	3%	2%
Decreased by 25% or more	0%	4%	4%

Need for more comprehensive security risk assessments

Only fifty percent (N=84) of respondents report that their organizations are conducting end-to-end (i.e., comprehensive) security risk assessments. This number has grown over the past few years. Previously, the numbers were thirty-seven percent of respondents according to the 2019 HIMSS Cybersecurity Survey and twenty-six percent of respondents according to the 2018 HIMSS Cybersecurity Survey. While some progress is good, this is still an alarming trend. Simply put, respondents that are *not* doing end-to-end security risk assessments have a haphazard approach. Additionally, accurate and thorough security risk assessments are required by HIPAA.

Robust cybersecurity however, goes above and beyond what HIPAA requires. Compliance often achieves the bare minimum. A healthcare organization that complies with HIPAA is not necessarily protected from being breached or infiltrated. Robust cybersecurity is vitally important for the safety and well-being of patients and the normal operations of healthcare organizations. Without reliable data, systems, and networks, the delivery of healthcare and coordination of care will grind to a halt. Patient lives depend upon the privacy and security of patient data and other associated data.

As shown below in **Table 8**, the majority of respondents reported that security risk assessments include the network (N=112, 67% of respondents), workstations and servers (N=106, 63% of respondents), and e-mail (N=98, 58% of respondents). However, accurate and thorough risk assessments should be comprehensive, end-to-end risk assessments. End-to-end risk assessments should include clinical information systems (N=80, 48% of respondents), remote access servers (N=90, 54% of respondents), business and financial information systems (N=84, 50% of respondents), website and web applications (N=83, 49% of respondents), legacy systems (N=76, 45% of respondents), medical devices (N=49, 29% of respondents), mobile devices (N=66, 39% of respondents), insider threats and activity (N=55, 33% of respondents), cloud providers (N=62, 37% of respondents), shadow IT (N=54, 32% of respondents), and building automation and/or other industrial control systems (N=30, 18% of respondents), among other things.

Further, a minority of respondents (N=76, 45%) are including legacy systems as part of their assessments. Legacy systems, like other aging infrastructure, are costly to maintain, and more exposed to cybersecurity risks. Vulnerabilities for legacy systems grow as time goes

on. Additionally, exploits are stockpiled as time passes. Legacy systems put data at risk, unless sufficient compensating controls are put into place.¹⁶

Table 8: Security Risk Assessment Components

Security Risk Assessment Components	N	%
Network	112	67%
Workstations and servers	106	63%
E-mail	98	58%
Cybersecurity policies and procedures (and documentation)	98	58%
Remote access servers	90	54%
Cybersecurity roles and responsibilities	87	52%
Physical security	87	52%
Comprehensive (i.e., end-to-end)	84	50%
Business and financial information systems	84	50%
Inventory of assets	83	49%
Website and web applications	83	49%
Clinical information systems (including electronic health record systems)	80	48%
Legacy systems	76	45%
Communications plan	69	41%
Cybersecurity policies and procedures (and documentation) of a vendor, consultant, client, or customer	67	40%
Mobile devices	66	39%
Cloud provider/service	62	37%
Infrastructure or services of a vendor, consultant, client, or customer	56	33%
Insider threat actors and activity	55	33%
Shadow IT (e.g., unauthorized applications, services, etc.)	54	32%
Medical devices	49	29%
Internet of Things	43	26%
Telephone systems	41	24%
Website of a vendor, consultant, client, or customer	35	21%
Procurement	33	20%
Social media	31	18%
Building automation system and/or other industrial control systems	30	18%
Videoconferencing systems	29	17%
Supply Chain	25	15%

As shown below in **Figure 9** and **Table 9**, healthcare organizations are taking various measures post-risk assessment. These measures include replacing hardware and software that are end of life (N=85, 52% of respondents), replacing or upgrading solutions (N=91,

¹⁶ United States Government Accountability Office. Information Technology: Agencies Need to Develop Modernization Plans for Critical Legacy Systems. Available from: <https://www.gao.gov/assets/700/699616.pdf>.

56% of respondents), and adopting new or improved security measures (N=123, 75% of respondents). However, only 46 percent of respondents (N=75) are conducting penetration tests, only 60 percent of respondents are conducting vulnerability scans (N=97), and only 51 percent (N=83) of respondents are conducting new or additional training of personnel. Further, 39 percent (N=64) of respondents reported requesting additional dollars for the cybersecurity budget.

The foundation for any good security program is the risk assessment. But, conducting a risk assessment is not enough. Instead, risks must be carefully prioritized, evaluated, and addressed and post-risk assessment action must be taken as a result. Some risks may have to be accepted, but significant risks should ideally be mitigated as much as possible.

Based upon the findings below, it is clear that organizations need to do more post-risk assessment. For example, virtually all organizations should be doing penetration testing to determine how their cybersecurity postures can be improved. Additionally, organizations should be doing vulnerability scanning. This is the typical way in which vulnerabilities can be identified and classified. Further, security awareness training should occur at all organizations. Ideally, all personnel should be aware of phishing, ransomware, insider threat, and other significant threats to the organization.

Figure 9: Actions Taken Following a Security Risk Assessment

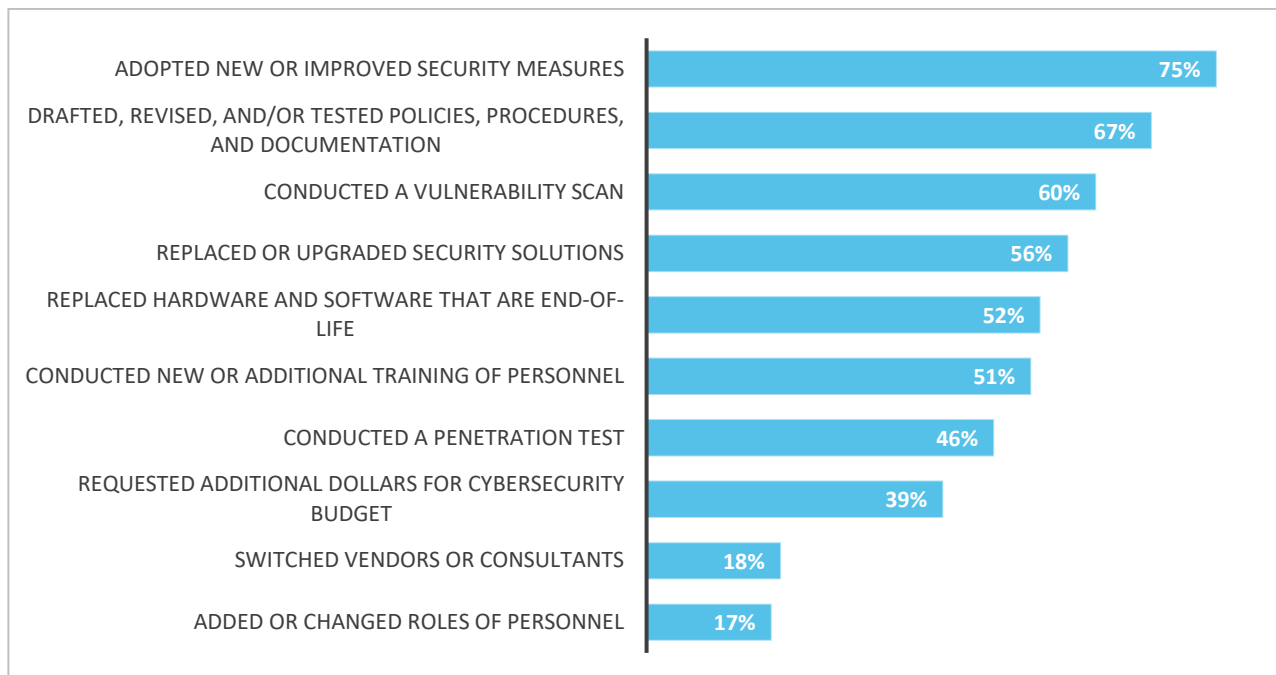


Table 9: Top 10 Actions Taken Following a Security Risk Assessment

Top Actions Taken after a Security Risk Assessment	N	%
Adopted new or improved security measures	123	75%
Drafted, revised, and/or tested policies, procedures, and documentation	109	67%
Conducted a vulnerability scan	97	60%
Replaced or upgraded security solutions	91	56%
Replaced hardware and software that are end-of-life	85	52%
Conducted new or additional training of personnel	83	51%
Conducted a penetration test	75	46%
Requested additional dollars for cybersecurity budget	64	39%
Switched vendors or consultants	29	18%
Added or changed roles of personnel	27	17%

More progress needed – basic and advanced controls.

Eighty-nine percent (N=149) of respondents indicated that their organizations had firewalls and ninety-one percent (N=153) had anti-virus software as shown in **Table 10** below. Ideally, all organizations should have anti-virus software, an endpoint detection and response (EDR) platform, or equivalent technology. The advantage of the EDR platform is that it goes beyond the traditional anti-virus software solution and heuristically detects threats. EDR platforms can detect advanced threats, such as fileless malware.

Enterprise-grade firewalls, anti-virus software, and EDR platforms, can be expensive. But, these basic controls are essential and may help prevent significant security incidents, such as ransomware attacks. The cost involved in responding to and mitigating a ransomware attack, for example, is at least several times more than the cost of procuring the appropriate basic controls. Response and mitigation costs may include fees for cybersecurity investigations and forensics, legal fees, breach notification, and regulatory fines and penalties.

These reactive costs may be avoided by proactively investing in robust security controls, cybersecurity education and training, and appropriate processes, procedures, and policies. Moreover, the value of a patient’s life far outweighs these proactive costs. Proper functioning of technology and infrastructure are necessary for robust patient care and coordination of care. Delays in patient care and diverting of patients, due to inaccessible or unreliable technology and infrastructure, may cause significant patient harm and even death.¹⁷

Encryption is another security measure that needs to be in place in every organization. Without encryption, data may be stolen with relative ease and/or tampered with. Only seventy-three percent (N=123) of respondents are encrypting data at rest and only 77 percent (N=129) of respondents are encrypting data in transit as shown in **Table 10**. This

¹⁷ The first patient death due to a ransomware attack has been reported. Associated Press. Available from: German Hospital Attacked, Patient Taken to Hospital in Another City Dies. <https://apnews.com/article/technology-hacking-europe-cf8f8eee1adcec69bcc864f2c4308c94>.

means that a significant amount of information is left unencrypted at almost a quarter of the respondents' organizations. When data is left unencrypted, it can be easily eavesdropped and stolen. Unencrypted information is the equivalent of leaving the front door unlocked.

Additionally, the adoption of multi-factor authentication was reported by 64% of respondents (N=108) in this survey, compared with 37% of respondents in the 2015 HIMSS Cybersecurity Survey. While this is a significant increase, many more healthcare organizations need to adopt multi-factor authentication. Multi-factor authentication can be advantageous since passwords can easily be breached or guessed in many instances.¹⁸

Surprisingly, respondents did not report a significant increase in adopting data loss prevention solutions. Data loss prevention solutions were implemented according to only forty-two percent (N=124) of respondents for the 2015 HIMSS Cybersecurity Survey compared with forty-four percent (N=74) of respondents in this survey. Interestingly, network monitoring tools were implemented at healthcare organizations according to fifty percent (N=146) of respondents for the 2015 HIMSS Cybersecurity Survey compared with sixty-eight percent (N=115) of respondents in this survey. There is still room for improvement, however. More healthcare organizations need to adopt network monitoring tools and data loss prevention solutions in order to stay ahead of today's and tomorrow's threats.

On a positive note, more respondents are using patch and vulnerability management tools. Seventy-four percent of respondents are using patch and vulnerability management tools according to the results of this survey. This is up from 2015 with sixty-one percent of respondents. Ideally, though, this number should be closer to one-hundred percent. Virtually all healthcare organizations should be using patch and vulnerability management tools. Vulnerabilities will always exist. New exploitable vulnerabilities will always be found and exploits will quickly be developed. Patches must be quickly deployed.¹⁹ Otherwise, a large attack surface will exist. Examples of this include WannaCry, NotPetya, Bluekeep, and NetLogon.²⁰ In essence, we need to prevent the next WannaCry from happening again.

¹⁸ Multi-factor authentication is not totally foolproof. For example, malware has been developed to steal two-factor authentication SMS codes. Multi-factor authentication is only as secure as your factors. ZDNet. Iranian hacker group developed Android malware to steal 2FA SMS codes. Available from: <https://www.zdnet.com/article/iranian-hacker-group-developed-android-malware-to-steal-2fa-sms-codes/>.

¹⁹ The median time to develop a fully functional exploit is twenty-two days with a minimum of one day. Zero Days, Thousands of Nights. Available from: https://www.rand.org/content/dam/rand/pubs/research_reports/RR1700/RR1751/RAND_RR1751.pdf.

²⁰ Week in review: Zerologon PoCs released, five steps to recover from ransomware, CISOs' golden opportunity. HelpNet Security. Available from: <https://www.helpnetsecurity.com/2020/09/20/week-in-review-zerologon-pocs-released-five-steps-to-recover-from-ransomware-cisos-golden-opportunity/>.

Table 10: Security Solutions Implemented

Security Solutions	2015	2020	Change
Antivirus/anti-malware	89%	91%	2%
Firewalls	87%	89%	2%
Audit logs, authentication logs, system logs, etc.	66%	81%	15%
Data encryption (data in transit)	71%	77%	6%
User access controls	57%	77%	20%
Patch and vulnerability management tools	61%	74%	13%
Data encryption (data at rest)	71%	73%	2%
Network monitoring tools	50%	68%	19%
Access control lists	52%	66%	14%
Multi-factor authentication	37%	64%	28%
Mobile device management (MDM)	52%	61%	9%
Intrusion detection systems (IDS)	57%	60%	2%
Intrusion prevention system (IPS)	46%	60%	14%
Single sign on	48%	52%	3%
Software information and event management (SIEM)	-	51%	NA
Web security gateway	48%	49%	1%
Anti-theft/anti-loss devices	-	48%	NA
Data loss prevention	42%	44%	2%
Messaging security gateway	41%	38%	-4%
Geoblocking	-	33%	NA

Bigger legacy footprint.

Legacy systems typically have known security vulnerabilities that can be relatively easy to exploit. However, legacy systems are either technically difficult and/or prohibitively expensive to rectify. Since legacy systems are no longer supported by the manufacturer, these systems are ripe for attack. Legacy systems are vulnerable, unless appropriate compensating controls are applied.²¹ By continuing to use these unsupported legacy systems, healthcare organizations are putting patient data and other sensitive data at risk.²²

Legacy systems are prevalent at many healthcare organizations as shown in **Figure 10** below. Eighty percent of respondents report that their organizations are using legacy

From exploits to honeypots: How the security community is preparing for BlueKeep's moment of truth. Available from: <https://www.cyberscoop.com/bluekeep-removal-remote-desktop-wannacry-notpetya/>.

CVE-2020-1472 | Netlogon Elevation of Privilege Vulnerability. Available from: <https://portal.msrc.microsoft.com/en-US/security-guidance/advisory/CVE-2020-1472>.

²¹ But, given the dynamic nature of healthcare and the need to move and exchange information, it may not be feasible to airgap a system or otherwise place it within a bubble.

²² United States Government Accountability Office. Information Technology: Agencies Need to Develop Modernization Plans for Critical Legacy Systems. Available from: <https://www.gao.gov/assets/700/699616.pdf>.

systems. Many Windows 7 and Windows Server systems are now legacy systems, due to these operating systems being recently sunset by the manufacturer. The legacy footprint has significantly grown for legacy Windows Server systems (32%) and Windows 7 systems (48%) since the previous year as shown in **Table 13** below (2020 compared to 2019).

As shown in **Table 12** and **Table 13** below, Windows Server 2008 (50 percent of respondents), Windows 7 (49 percent of respondents), Windows XP (35 percent of respondents), and Windows Server 2003 and Windows Server 2003 R2 (30 percent of respondents) are the most common types of legacy systems. Specifically, manufacturer support ended on January 14, 2020 for Windows 7 (release date: October 22, 2009), Windows Server 2008 (release date: February 27, 2008), and Windows Server 2008R2 (release date: October 22, 2009).^{23,24} Manufacturer support ended on July 14, 2015 for Windows Server 2003 (release date: April 24, 2003) and Windows Server 2003 R2 (release date: December 6, 2005).²⁵ Manufacturer support for Windows XP ended on April 8, 2014 (release date: October 21, 2001).²⁶

Based upon these findings, it is likely that the legacy footprint will continue to grow. A modernization plan should be put in place to ensure that legacy systems are replaced or upgraded, if feasible. Budget dollars and procurement processes should focus on technology modernization. Essentially, virtually every technological component should have a defined lifetime and a suitable replacement. Replacements for technological components should ideally be defined as part of the procurement process. Every technological component will ultimately need to be sunset, as aging infrastructure significantly increases both costs and risks. A proactive plan to replace each component should be in place whenever possible.

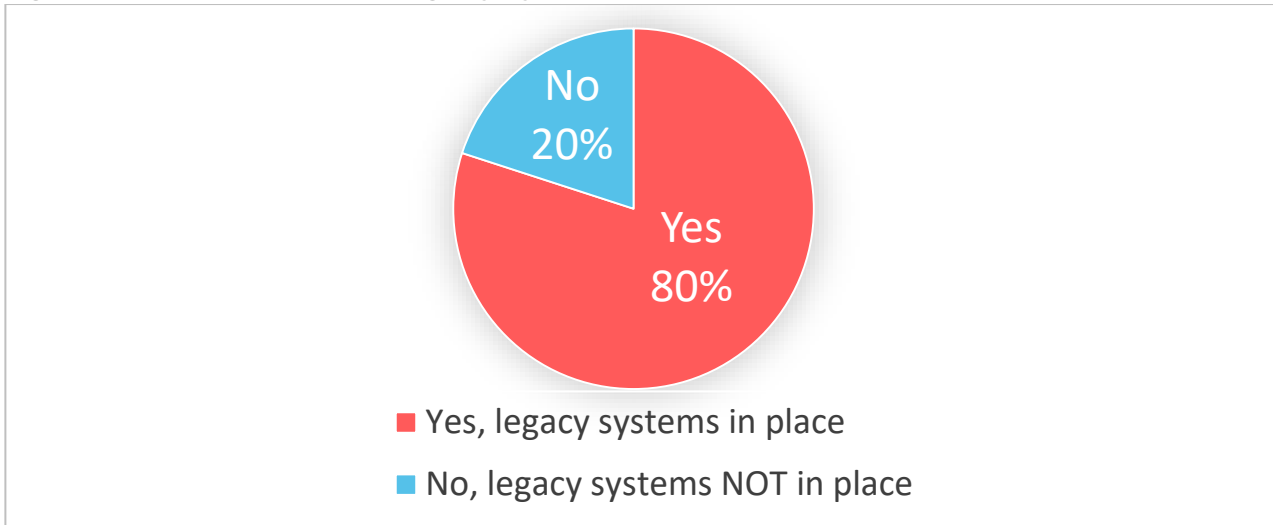
²³ Microsoft. Windows 7 support ended on January 14, 2020. Available from: <https://support.microsoft.com/en-us/help/4057281/windows-7-support-ended-on-january-14-2020>.

²⁴ Microsoft. Windows 7 support ended on January 14, 2020. Available from: <https://support.microsoft.com/en-us/help/4057281/windows-7-support-ended-on-january-14-2020>.

²⁵ Microsoft. Alert (TA14-310A): Microsoft Ending Support for Windows Server 2003 Operating System. Available from: <https://us-cert.cisa.gov/ncas/alerts/TA14-310A>.

²⁶ Microsoft. Support for Windows XP Ended. Available from: <https://www.microsoft.com/en-us/microsoft-365/windows/end-of-windows-xp-support>.

Figure 10: Pervasiveness of Legacy Systems



However, there are legitimate reasons for keeping legacy systems. For example, a mission critical application may only run on the specific legacy operating system. The supplier of the legacy application may be out of business. In some instances, it may not be possible to port the legacy application to a more modern (supported) operating system. In another example, a legacy device may require to be connected to a computer that runs on a certain legacy operating system. In other words, the legacy device may not function properly unless it is used with a specific legacy operating system. Nonetheless, legacy systems should be kept to an absolute minimum.

The financial, reputational, and operational costs to an organization vis-à-vis its aging infrastructure can be significant in the event of a breach and/or a successful attack. Thus, the cost of upgrading or replacing legacy systems may be indeed worthwhile. Some systems may be replaced by new (supported) on premises systems. Yet other systems may be replaced by a cloud-native equivalent.²⁷ It would be possible to decommission legacy systems in instances such as these.

²⁷ The cost of migration to the cloud, and whether such migration is feasible or possible, should be carefully evaluated. Costs associated with the cloud, including migration and maintenance, should be compared to the costs of maintaining an on premise system. In some instances, it may be possible to migrate a legacy application (which runs on a legacy operating system) to a cloud-native environment through containerization. Each situation should be evaluated on a case by case basis. Container Journal. Containers: The Next Big Thing in Cloud Migration Modernization. Available from: <https://containerjournal.com/topics/container-ecosystems/containers-the-next-big-thing-in-cloud-migration-modernization/>.

Table 11: Percent of Legacy (Unsupported) Operating Systems

Percent of Legacy Operating Systems	2019	2020	Change
1-10%	52.7%	42.3%	-10.5%
11-20%	6.5%	13.1%	6.6%
21-30%	5.4%	6.0%	0.5%
31-40%	2.2%	6.0%	3.8%
41-50%	0.5%	3.0%	2.4%
More than 50%	0.5%	5.4%	4.8%

Table 12: Legacy (Unsupported) Operating Systems in Place

Legacy Operating Systems	N	%
Windows Server 2008	84	50%
Windows 7	82	49%
Windows XP	58	35%
Windows Server 2003 and 2003 R2	51	30%
Embedded legacy operating system in medical device	48	29%
Embedded legacy operating system in industrial control system (e.g., HVAC, lighting systems, elevator, etc.)	37	22%
No legacy systems in place	34	20%
Legacy Linux system	22	13%
Windows 8	20	12%
Windows 2000	18	11%
Legacy Unix system	14	8%
Windows NT	11	7%
Legacy VMS system	10	6%
Windows ME	7	4%
Windows 98	6	4%
Legacy OS X system	6	4%
Windows 95	4	2%
MS DOS	3	2%
Legacy macOS system	3	2%
Windows Vista	2	1%

Table 13: Legacy (Unsupported) Operating Systems in Place: 2019 to 2020 Comparison

Legacy Operating Systems	2019	2020	Change
Legacy Windows Server (e.g. 2003, 2003R2 and 2008)	48%	80%	32%
Windows 7	1%	49%	48%
Windows XP	35%	35%	0%
Embedded legacy operating system in medical device	33%	29%	-4%
Embedded legacy operating system in industrial control system (e.g., HVAC, lighting systems, elevator, etc.)	20%	22%	2%
Legacy Linux system	13%	13%	0%
Windows 8	-	12%	NA
Windows 2000	11%	11%	0%
Legacy Unix system	5%	8%	3%
Windows NT	5%	7%	2%
Legacy VMS system	5%	6%	1%
Windows ME	1%	4%	3%
Windows 98	-	4%	NA
Legacy OS X system	-	4%	NA
Windows 95	-	2%	NA
MS DOS	2%	2%	0%
Legacy macOS system	-	2%	NA
OS/2	2%	-	NA
Windows Vista	3%	1%	-2%

Future Concerns

Respondents have a litany of concerns about future threats (see **Table 14** below). The majority of respondents reported concerns about phishing attacks, social engineering attacks, ransomware, other malware, and negligent insider activity. Breaches or data leakages, and credential harvesting attacks were top concerns as well. Based upon the findings of this survey and historical information, it is likely that these future concerns will be the threats of tomorrow.

Table 14: Concern Regarding Potential Future Threats²⁸

Potential Threats	Total
Phishing attack	3.67
Ransomware	3.42
Breach or data leakage	3.37
Malware (other than ransomware)	3.30
Social engineering attack (other than phishing)	3.23
Negligent Insider Activity	3.13
Credential harvesting attack	3.13
Advanced persistent threat attack	2.95
Website or web application attack	2.85
Denial of service attack	2.76
Malicious Insider Activity	2.74
Distributed denial of service attack	2.70
Theft or loss	2.65
Command injection attack	2.65
Supply chain compromise or attack	2.61
Fire, flash flood, or natural hazard	2.52
Eavesdropping attack	2.51
Jamming or interference attack	2.43

Improvements Ahead

Healthcare organizations are making some improvements to their respective security postures. However, additional improvement is needed. Fortunately, there is robust guidance to help organizations improve their security posture. The U.S. Department of Health and Human Services published the Health Industry Cybersecurity Practices: Managing Threats and Protecting Patients (HICP) guidance document.²⁹ However, only fifty-three percent (N=89) of respondents indicated that their organizations are aware of the HICP guidance as shown below in **Figure 11**. Only fifty-eight percent (N=52) of these respondents indicated that their organizations used the HICP as reflected below in **Figure 12**. More healthcare organizations should use the HICP to align their cybersecurity practices.

²⁸ Respondents were asked to rate various potential future threats, as shown in **Table 14**, using a 5 point scale where 1 = “no threat” and 5= “critical threat.”

²⁹ United States Department of Health & Human Services Healthcare & Public Health Sector Coordinating Councils Public Private Partnership. Health Industry Cybersecurity Practices: Managing Threats and Protecting Patients. Available from: <https://www.phe.gov/Preparedness/planning/405d/Documents/HICP-Main-508.pdf>.

Figure 11: Awareness of the U.S. Department of Health and Human Services Health Industry Cybersecurity Practices: Managing Threats and Protecting Patients (HICP) Guidance

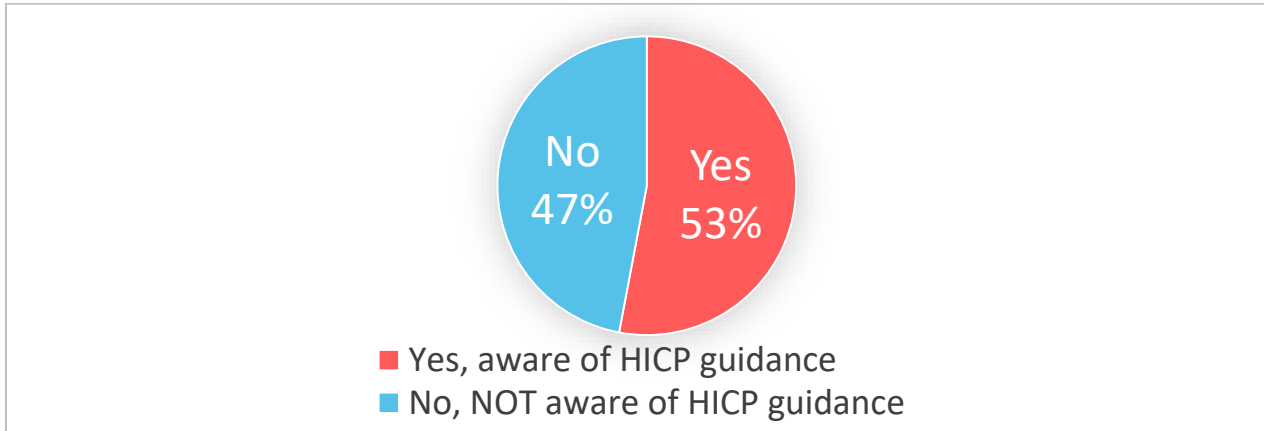
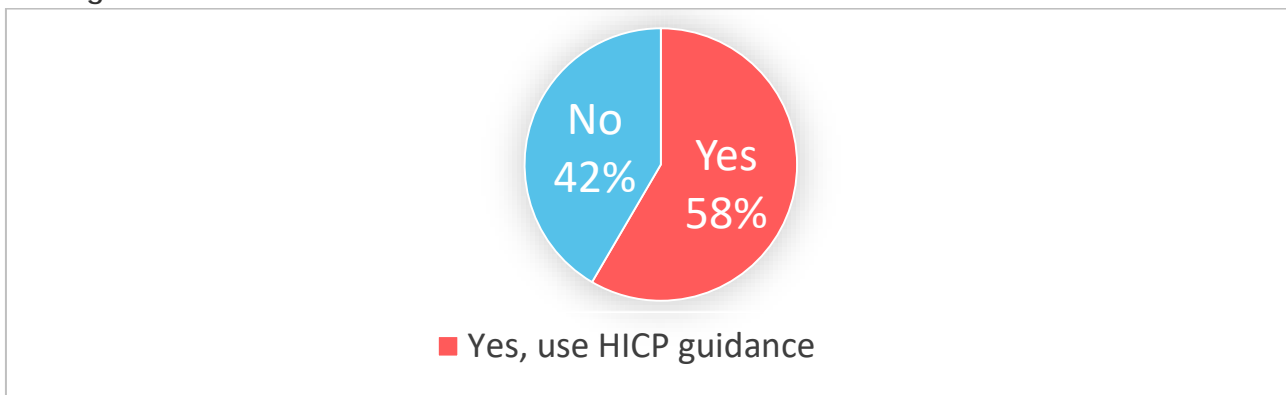


Figure 12: Use of the U.S. Department of Health and Human Services Health Industry Cybersecurity Practices: Managing Threats and Protecting Patients (HICP) Guidance among Those who are Aware of It



Conclusion

The findings of the **2020 HIMSS Cybersecurity Survey** suggest that healthcare organizations are slowly improving their cybersecurity posture. This is not enough to keep pace with new threats. However, significant barriers to progress exist such as tight security budgets, growing legacy footprints, and a growing volume of cyber-attacks and compromises. Now, more than ever, there is a need for better cybersecurity solutions, budgets, personnel, and security awareness training to help resolve these challenges.

Healthcare organizations need to make cybersecurity a fiscal, technical, and operational priority. Upgrading or replacing legacy systems, conducting end-to-end security risk assessments, enhancing cybersecurity awareness and training programs, and increasing cybersecurity budgets are a few, proactive steps that can be taken. It is time for healthcare organizations to improve their security postures. Robust cybersecurity is essential for normal operations, patient safety, and data protection.

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For More Information

Karen D. Groppe
Senior Director, Strategic Communications
HIMSS
33 W. Monroe, Suite 1700
Chicago, IL 60603
312-965-7898
kgroppe@himss.org